

We are young people from all around the world. We hold a wide range of perspectives: we are chefs, farmers, gastronomists, lawyers, students and researchers in environmental and social sciences, urban planning, economics and communication. We share a passion and concern for our food system and acknowledge an urgent need for a shift in paradigm.

Today, we are in a battle because someone has taken control over our food system. Nature has been captured and exploited to favour the interests of the few. Those actors play by artificial rules that were created from greed. Our economic system, has been architected as a linear model to extract, accumulate, consume and throw away. However, natural systems operate on their own terms. We think in squares, but the world is round. Planetary boundaries are being broken and natural resources are being depleted. Food is a human right and the basis for our survival. The transition towards a more sustainable food system is not a choice, but an urgent necessity.

The problems are clear, but when it comes to solutions, we are in the dark. Food policy should be the torch that illuminates the path to empower the community to take control of the food system.

In the food system we envision, food is available and accessible for all. It is local, fresh, nutritious, culturally appropriate and produced in an environmentally responsible way. Our food system respects the role of the soil, the farmer and biodiversity. People feel connected to their territorial context and demonstrate their passion for local and seasonal food through channeling their purchasing power to local producers.

We need to reshape food governance in order to empower local communities to regain control over the food system. Whilst global, national and regional levels of governance are important, local communities are the foundation of our food system and they should be integral from the beginning to the end of the governance process. It has three pillars: connectivity, education and regional context.

We need to harness the power of food to bring us together. Currently, we are disconnected from our food system, disregarding the inherent value of the food we eat and the hard work that goes into producing it. An adequate supply of good food requires a community of citizens that protect it. Policy must be designed with the goal of uniting all the actors, inviting them to build the sustainable food system we all deserve. Food has become a soulless transaction and only a commodity on a shelf. Consumerism is so deeply rooted in our society that we have lost sight of the nourishing world that food can uncover. If we give it a voice, food has the power to teach us the rules of nature and tell us who we are.

Through food education we have the opportunity to nurture a new generation of citizens that respect their planet and value their community. Food education must cross disciplines, unite cultures and connect people. Awareness of the true value of food and information without bias is fundamental in guiding people through a transition to responsible choices and behaviours.


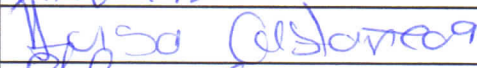



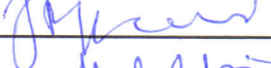
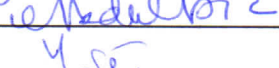
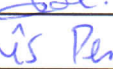
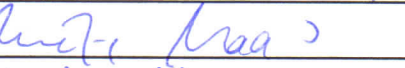

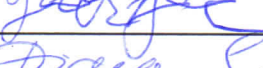
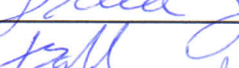



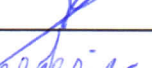
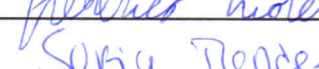
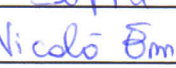
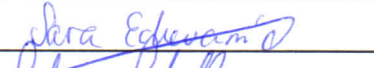
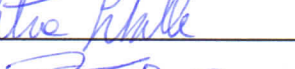






The trend of urbanisation shows no sign of slowing down. It is food that can help us to develop and maintain a healthy relationship between urban and rural landscapes. The food on the plate should recreate the sense of belonging to the world of the fields. Rigid and detached models of food governance must be substituted by a bottom-up, context based framework built in cooperation with all actors. Policies must return the power to the community in order to solve problems at the lowest possible level. Without more direct, shorter supply chains, the future of city region food systems is inconceivable.

The only way to win the battle for a sustainable food system is to unite all the eaters of the world. In order to achieve victory, we must empower communities to fight for food sovereignty. Let's get together for a tasty revolution.

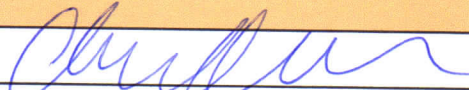

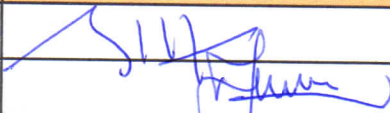

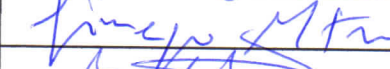

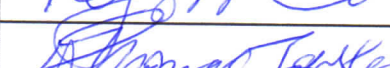

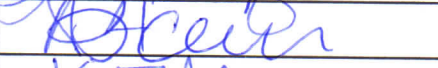




La Bergerie de Villarceaux

30th July 2019

SIGNATURES OF THE 7TH VILLARCEAUX DECLARATION

Country	Full Name	Signature
Italy	Amber Bewick	
Columbia	Luisa Castaneda Quintana	
France	Coline Philippe	
France	Clara Fahd	
Sweden	Philip Linander	
Croatia	Josipa Arapovic	
Pakistan	Abdul Moiz	
France	Yse Commandre	
Portugal	Inês Valente	
Germany	Amelie Maas	
UK	Lucianne Wardle	
Romania	Vlad Gheorghe	
Hungary	Diana Szakal	
Czech Rep	Simon Batik	
Bosnia and Herzegovina	Almira Konjic	
Ethiopia	Alemnew Gebeyehu Dessie	
Italy	Jean Marc Louvin	
France	Valentin Luiggi	
Italy	Federico Morena	
Portugal	Sofia Mendes	
Italy	Nicolo Passaro	
Spain	Sara Echevarría Castresana	
Italy	Silvia Sibille	
Tunis	Abir Klai	
Egypt	Ossam Elbagoury	
Kenya	Grace Githiri	

SIGNATURES OF THE 7TH VILLARCEAUX DECLARATION

Country	Full Name	Signature
Facilitators		
USA	Christina Conell	
Portugal	Ana Helena Pinto	Ana Helena Pinto
Egypt	Amr Helmy	
Staff & Visiting Speakers At ECSC19 in the final day		
France	Jean Baud	
Italy	Maurizio Mariani	
France	Heloise Mariani	
Italy	Giuseppe Mastruzzo	
Serbia	Aleksandar Stoyanovic	
UK	Robin Gourlay	
USA	Thomas Forster	
USA	Wendy Madley	
Canada	Arlene Stein	
USA	Katie Wilson	
Danimark	Betina Madesen B	

ANNEX TO THE DECLARATION

I commit to:

Abdul

food innovation by means of sustainable approach, which would reduce food waste by linking society, industry and academia.



Amber

ending industrial farming and animal husbandry practices by raising awareness through cooking events and helping consumers shift towards a balanced plant rich diet.



Amelie

increasing the diversity of farming systems by researching forgotten foods and old varieties to grow in my garden and include in my diet and by sharing my experience and enthusiasm.



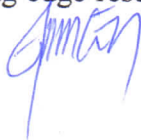
Ana Helena

inspire and motivate people to find their own way towards a balance among health, nature and identity in the food system, and to reduce my personal consumptions of ultra-processed foods.



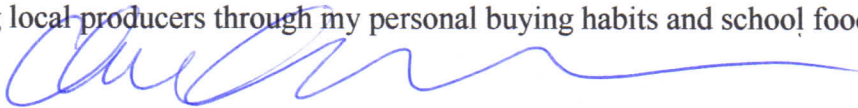
Alex

carrying out cutting edge research on food governance by establishing a low environmental impact consulting group.



Christina

supporting local producers through my personal buying habits and school food purchasing.



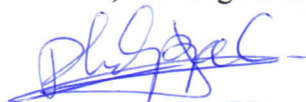
Clara

helping people understand what a sustainable food system is by diversifying the educational project I currently work on by including all aspects of the food system.



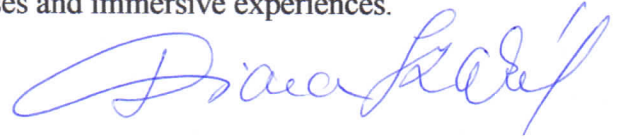
Colline

creating bonds among citizens to transition to a less individualistic world by starting a solidarity cooperative café where people can meet, exchange and create projects together.



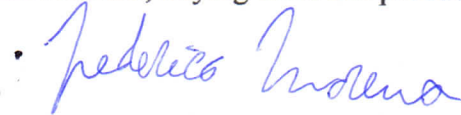
Diana

facilitating re-connection among both human and non-human actors and elements of the system by creating, organising, and leading workshops, training courses and immersive experiences.



Federico

supporting local rural food systems by joining political movements, buying local fair products and implementing this view in my jobs.



Grace

support low income urban and rural food actors to voice their issues and be part of key decision making at the subnational and national level by capacity development, workshops and advocacy.



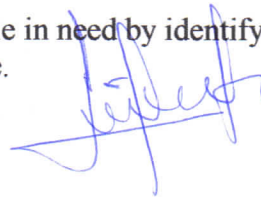
Josipa

making food a common good through community gardens and workshops



Luisa

promoting access to sufficient and nutritious food for people in need by identifying the locations, organisations and institutions that have the biggest leverage.



Nicola

working towards creating a new, greener urbanization model by organising a workshop for youth about how we can decrease our impact on nature.



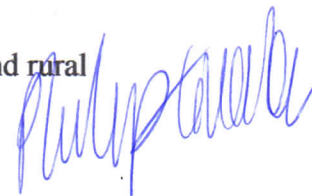
Osama

support making healthy sustainable food, by making it available for low income population through integration of technology and preserving traditional practices.



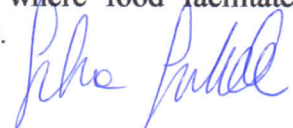
Philip

inspire a dialogue based on nutrition and taste, that breaks the barriers between urban and rural identities in the city of Stockholm, in order to create new and integrative collaborations.



Silvia

including everyone's contribution to a more sustainable food system, where food facilitates cooperation and awareness, through activities with kids about the food cycle.



Sofia Sofia Plendes

bring the already existing actors along the food chain together by mapping them and creating a platform that facilitates connection and interaction among them.

Valentin

increasing pleasure and desire to work in jobs all along the food chain by including celebration time, location independence and by a new way of teaching including volunteers and consumers.

Ysé

fostering a real dialogue among all the food chain actors to create a better food system by creating spaces for coming together and sharing ideas.