

Food Wave is promoted by



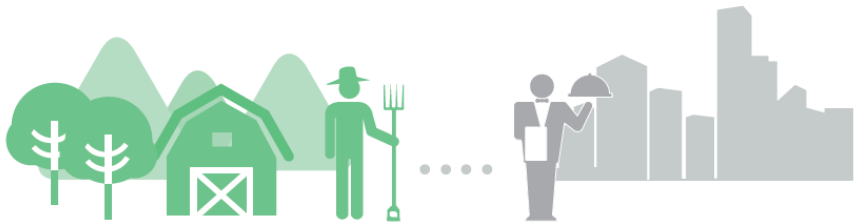
Comune di Milano

In collaboration with



Project partner

EATING CITY
INTERNATIONAL PLATFORM
2010 - 2030



Fighting Climate Change > Shifting Food Habits



Food Production



Food Distribution



Food Consumption

WORKSHOP HANDBOOK
For Participants



In the frame of



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Project Frame :

Food Wave - “**Empowering Urban Youth for Climate Action**” aims at creating awareness on sustainable patterns of food consumption and production for climate change mitigation, activate young people and enable them to influence institutional decisions so as to lead us all to a sustainable global food system by 2050.

The project is co-funded by the EU and promoted by the Municipality of Milan together with ActionAid Italia, ACRA, Mani Tese and 28 project partners in 17 countries. The network consists of 17 cities, 4 municipal agencies and 8 civil society organizations closely linked with the cities. C40, the international network of cities engaged in the fight against climate change is also affiliated to the project.

Lead: Municipality of Milan

Core Team: ActionAid Italia, ACRA, Mani Tese

Cities and municipal agencies: Almere, Metropolitan Agency Brasov, Bruges, Frankfurt, Lisbon CLLD Network, London, Malmö, Institute Wcycle Maribor, Madrid, Groundwork Greater Manchester, Molenbeek-Saint-Jean, Murcia, Nea Smyrni, Pest, Turin, Sao Paolo, Sofia, Warsaw, Zagreb

Civil society organizations: European Association for Local Democracy – ALDA, ActionAid Hellas, Alianza por la Solidaridad, Biennale des jeunes créateurs de l'Europe et de la Méditerranée – BJCEM, Erasmus Student Network Italy - ESN Italy, Risteco-Eating City

The workshop:

Due to the recent Covid-19 restrictions, the workshop will adopt an online formula: all participants will join the workshop via zoom the Zoom platform.

Participants:

The applicants should be aged 18 to 35 and speak fluent English. We encourage diversity and we want to create an open and welcoming environment for all participants, without any distinction on the basis of gender, sexual orientation, origin, disability, etc.

Chefs, Gastronomists, Nutritionists, Food Procurement Officers, F&B Buyers, Farmers, Fishermen, Foodies, young professionals: anyone studying or working on food and climate change issues is invited to join the debate.

Participants clusters :

The participants are going to be divided into clusters: Activists, Eating City Ambassadors, Delegates and Facilitators.

Facilitators should be based in Turin (Italy) in order to participate in person. Activists, Eating City Ambassadors, and Delegates will participate via Zoom.

Definitions / Glossary:

Activist: a person who strongly believes in political or social change and takes part in activities to gain the skills for realizing the change.

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Eating City Ambassador: a person who participated in one of the 7 summer campuses organized by Eating City.

Delegate (3 per working group) : The delegates are selected on the basis of their candidature expressed in the application. by the letter of motivation and a series of criteria including gender balance, and the average age of participants, in addition to the country of origin - all in order to have the maximum representation of the geographical and cultural diversity of participants.

He/she is going to be in charge of writing the statements and together with the facilitators assemble the final declaration.

Facilitator (1 per working group): “a person ... that makes an action or process easy or easier.” The task is to facilitate the plenary session, working groups and delegates meeting; making sure ground rules (e.g., about timekeeping) are clearly understood and respected while ensuring that all voices are “heard”, closing down discussions, and moving the workshop forward. Facilitators will be nominated by the organizer.

Guests:

The workshop will be open for the participation of guests: people of all ages who are interested in the topics discussed (such as politicians, journalists, opinion leaders, researchers, partners staff, etc.) that will be allowed to participate and listen to the sessions, but will not have the right to intervene in the debate.

Lectures:

On the morning of April 2nd, 3 expert readings will help participants focusing on the workshop topics allowing them to start the debate and exchange ideas in the various working groups. The readings do not represent in any way the official position of the Food Wave project, as they are but the expression of the thoughts and experience of the selected readers.

Workshop objective:

The mission of the Workshop participants will be delivering a common statement.

This is the second of three workshops within the Food Wave Project (2020-2022) that will aim at highlight the positive impact that the “out-of-home food consumption” sector can provide in the fight against climate change.

The goal is to give voice to the common vision of young people on how this sector can contribute to climate change mitigation, by analyzing the impact of food production, distribution, and consumption in the 3 main clusters of this sector:

- Public foodservice (such as schools and hospitals’ canteens)
- Traditional restaurants
- Commercial foodservice (such as fast food)

The primary purpose of the workshop is to write a joint statement (“The declaration”) addressed to the UK Presidency of COP26 that will be held in Glasgow in November 2021. This declaration will be better defined and extended to a wider base of youths during the work of Pre-COP26 in Milan. The aim is to create a group of youths who - together with the young ambassadors of Eating

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City - can carry on a dialogue to create processes of youth empowerment for all the duration of the project.

Again, this workshop represents the second stage of a journey towards COP26 in Glasgow. During this journey towards COP26, there will be some milestone meetings in order to refine the declaration:

- July 2021: at the Eating City Summer Campus (3rd workshop of the project)
- September/October 2021: Pre COP Milan
- November 2021: COP26 in Glasgow

Participants and guests will be divided into 3 working groups (Sector sub-clusters):

- Production
- Distribution
- Consumption

Each working Group will work separately in order to assess the impact on its own sub-cluster and write its own part of the declaration, which will be composed of an introduction and the 3 proposals for each sub-cluster.

Pitch

Each participant will be asked to give a pitch (video interview) of 30 seconds by answering pre-formulated questions. The interviews are going to be disseminated through the official Food Wave web platform and social media channels.

The questions are:

1. Why did you decide to join this workshop? (motivation towards food/climate issues)
2. Reaching a fair and sustainable global food system by 2030: tell us your recipe!
3. Invite other young people to join the fight in one simple sentence/slogan

Each participant should give an answer to one of the 3 questions, introducing him/herself with Name, Age, Country of origin and Occupation at the begin of the pitch;

The delegates and facilitators' pitch will be recorded during the first and second session, while the participants pitch will be recorded during the third session (for timing, see the agenda).

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The agenda

Co-funded by the European Union		DEAR DEVELOPMENT EDUCATION AND AWARENESS RAISING supporting global change		FOOD WAVE Catch the wave, lead the change.		Google Drive, miro, Mentimeter		
Date	Time	Activity	Plenary	Chair Person	Working Groups	Facilitators Meeting	Delegates Meeting	Tools
2/4		1st Session						
	09:00 - 09:15	Introduction Maurizio Mariani, Eating City Introduction to the Workshop	✓					
	09:15 - 09:30	Introductory lectures Andrea Magarini, Coordinatore Food Policy Milano	✓	J.M. Louvin				
	09:30 - 09:45	Priyanka Lugani, 'Alma Deli' "Raising a consciousness generation!"	✓					
	09:45 - 10:00	Abdul Moiz, Food Engineer "Reimagining food waste"	✓					
	10:00 - 10:30	Q&A time	✓					
	10:30 - 10:45	Coffee break				✓		
	10:45 - 12:45	Working Groups: Session 1.1 Production, Distribution, Consumption - Sharing the vision		Facilitators	✓			✓ ✓
	12:45 - 13:00	Plenary session	✓	J.M. Louvin				
	13:00 - 14:00	Lunch Break				✓		
	14:00 - 14:15	Plenary session	✓	J.M. Louvin				
	14:15 - 15:45	Working Groups: Session 1.2 Production, Distribution, Consumption - Sharing the vision		Facilitators	✓			✓
	15:45 - 16:00	Coffee break				✓		
	16:00 - 17:00	Working Groups: Session 1.3 Production, Distribution, Consumption - Sharing the vision		Facilitators	✓			✓
	17:00 - 18:00	Plenary session : capitalization	✓	J.M. Louvin				
	18:00 - 19:00	Delegates Meeting Session 1.4 Writing the declaration		Facilitators			✓	✓ ✓
3/4		2nd Session						
	09:00 - 10:15	Plenary session: Session 2.1 Declaration internal reading & comments		G. Mastruzzo	✓			✓
	10:15 - 10:30	Coffee break				✓		
	10:30 - 12:00	Plenary session only for participants: Moving forward to the next challenge	✓	G. Mastruzzo S. Bojanic				
	10:30 - 12:00	Delegates Meeting - Session 2.2 Writing the declaration		Facilitators			✓	✓
	12:00 - 12:30	Final session : Public Reading of the Declaration - Next Steps towards the COP26	✓	M. Mariani				

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The process towards the declaration

WG Session 1.1 Apr 2nd.

Members: Participants, Delegates, and Facilitators

Aim of the session : (1) share the vision; (2) set the goals of the working group; (3) delegates election; and (4) starting the brain storming process.

TOOLS:

- *Mentimeter:* it could be used by facilitators as an ice-breaker for identifying key words, ideas, and concepts for which each participant will give his/her opinion and thus kick start the working groups (<https://www.mentimeter.com/>)

WG Session 1.2 and 1.3 Apr 2nd

Members: Participants, Delegates, and Facilitators

Aim of the session: brainstorm and discussion. The second and third sessions represent the core of the workshop. During this session each and every participant must share ideas and thoughts, discuss and analyze the different topics related to the working group theme (e.g., production, distribution, or consumption).

Organization: Assuming a working group of 15 participants, each participant has at disposal 10 min to share ideas and thoughts.

TOOLS:

- *Miro:* is a mindmap generating tool. Facilitators can use it as a classic white board where to take notes, make comments, link them together, and create clusters of ideas and concepts. It will be up to the facilitator whether give access to the Miro doc to all participants or be the only one using it (<https://miro.com/app/dashboard/>)

WG Session 1.4 Apr 2nd

Members: **only for delegates and facilitator**

Aim of the session : write the working group statements. While referring to the Miro mindmap of their own working group, delegates will start drafting statements (no more than 5/6 statements) summarizing the brainstorming process of the previous session.

TOOLS:

- *Miro*
- *Google Drive Doc*

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WG Session 2.1 Apr 3rd

Members: All participants

Aim of the session: public reading of the Declaration draft to gather from all participants new ideas, comments and critiques as a final polishing process before the final writing of the Declaration.

TOOLS:

- *Google Drive Doc*

WG Session 2.2 Apr 3rd

Members: **only for delegates and facilitator**

Aim of the session: writing the declaration.

TOOLS:

- *Google Drive Doc*

The declaration

The final declaration shall be express common aspirations of the participants for a better food system. It will consist of a short, pre-defined introduction and 3 separate sections (production, distribution, and consumption), each of which will be no longer than 250 words.

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